

We manage your prescription benefits just like your health insurance company manages your medical benefits. That means helping you get the medication you need, when you need it, whether that's once a month or once a year. And along the way we'll help you find ways to save. Welcome to a prescription plan that has your best health at heart.

Here are six tips to help you save time and money on your medications:

- 1. Register at Caremark.com. That way we can keep you up to date on new and unique ways to save.
- 2. Be sure any retail pharmacy you use is in your network. Network pharmacies are included in your prescription plan to help keep costs low. If you fill out-of-network you will have to pay 100% of the cost. Find a network pharmacy before you fill at Caremark.com.
- 3. Know which medications are covered. Your plan's list of covered medications can help you and your doctor find the most costeffective drug option. Find your plan's list of covered medications at Caremark.com.

- 4. Use the Check Drug Cost tool available at Caremark.com. You'll be able to do a sideby-side comparison of your medications to see where you could be saving.
- 5. Ask your doctor if there is a generic option for your brand-name medication. Proven just as safe and effective as brandname medications, generics may be an affordable option for your treatment.
- 6. Have 90-day supplies delivered by mail. Save on medications you take regularly when you fill in 90-day supplies through our mail service pharmacy, 90-day supplies typically cost less, and there's no extra cost for shipping. Visit Caremark.com/mailservice to get started.

Find even more ways to save when you sign in at Caremark.com.

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