



YOUR INFORMATION			
Social Security Number	Last Name	First Name	
Mailing Address	City	State	Zip
Date of Birth (mm/dd/yy)	Date of Hire (mm/dd/yy)	E-mail Address	Phone

WHERE DO YOU WANT TO INVEST YOUR SAVINGS? Pre-Mixed Portfolio OR Independent?

The Standard can help you manage your investments when you select a Guided Portfolio. You may also create your own portfolio by completing the Independent section below. If you do not indicate where to invest your savings, your assets will be placed in the plan's default fund(s). The decisions you make regarding your investments will stay in effect until you modify them via The Standard's Web site (www.standard.com/retirement) or via INFOLINE (800.858.5420).
Complete only one subsection, not both.

Guided Portfolios Choose ONE of the Guided Portfolios below by checking the appropriate box. The allocation for each of these portfolios can be found on the reverse side of this form.

<input type="checkbox"/> Conservative	<input type="checkbox"/> Moderately Conservative	<input type="checkbox"/> Moderate
<input type="checkbox"/> Moderately Aggressive	<input type="checkbox"/> Aggressive	

Independent Select your own investments by entering whole percentages below. Be sure that your selections total 100% and that the minimum in any one investment is 1%.
¹Signifies a scheduled fund termination that will occur in the next 120 days. ²Redemption fee may apply to short-term investments.

<input type="checkbox"/> % The Standard Stable Asset A	<input type="checkbox"/> % Vanguard Tot Bd Mkt Idx Adm	<input type="checkbox"/> % Pioneer Bond K
<input type="checkbox"/> % Ave Maria Bond R	<input type="checkbox"/> % Vanguard Target Rtmnt Inc Inv	<input type="checkbox"/> % Vanguard Tar Rtmnt 2010 Inv
<input type="checkbox"/> % Vanguard Tar Rtmnt 2015 Inv	<input type="checkbox"/> % Vanguard Tar Rtmnt 2020 Inv	<input type="checkbox"/> % Vanguard Tar Rtmnt 2025 Inv
<input type="checkbox"/> % Vanguard Tar Rtmnt 2030 Inv	<input type="checkbox"/> % Vanguard Tar Rtmnt 2035 Inv	<input type="checkbox"/> % Vanguard Tar Rtmnt 2040 Inv
<input type="checkbox"/> % Vanguard Tar Rtmnt 2045 Inv	<input type="checkbox"/> % Vanguard Tar Rtmnt 2050 Inv	<input type="checkbox"/> % Vanguard Tar Rtmnt 2055 Inv
<input type="checkbox"/> % Vanguard Wellington Adm	<input type="checkbox"/> % MFS Value R4	<input type="checkbox"/> % Vanguard 500 Index Adm
<input type="checkbox"/> % MainStay Large Cap Growth I	<input type="checkbox"/> % Wells Fargo Spec MdCpVal Ins	<input type="checkbox"/> % JPMorgan Mid Cap Value L
<input type="checkbox"/> % Ave Maria Rising Dividend	<input type="checkbox"/> % Vanguard Mid Cap Index Adm	<input type="checkbox"/> % Prudential Jennison MdCpGr Z
<input type="checkbox"/> % Goldman Sachs Sm Cp Val Inst	<input type="checkbox"/> % Vanguard Small Cap Index Adm	<input type="checkbox"/> % T.Rowe Price New Horizons
<input type="checkbox"/> % Vanguard Tot Int Stk Idx Adm	<input type="checkbox"/> % American Funds EuroPacific R5	
100% Total		

AUTOMATIC REBALANCER

Check a box below to select the Automatic Rebalancer service for your Plan account. If you select this service, your account assets will be rebalanced to match your investment directives at the time of rebalancing. Automatic Rebalancer will remain off if you do not make a selection below.

How often would you like your account rebalanced? Quarterly Semiannually Annually

AUTHORIZATION

I authorize my employer and the plan administrator to invest my savings as outlined on this form. I also direct my employer and the plan administrator to implement any other instructions I have provided on this form. I have read the Disclosure Statement on this form and, by signing here, I agree to be bound by its terms. The employer, trustees and any others concerned with the administration of the Plan are entitled to rely on these instructions; each shall be fully protected in taking or omitting any action under any provisions of the Plan in reliance on this information.

Participant Signature _____ Date _____

GUIDED PORTFOLIO DESCRIPTION

	Conservative	Moderately Conservative	Moderate	Moderately Aggressive	Aggressive
Cash Equivalent	30%	20%	10%	0%	0%
The Standard Stable Asset A	30%	20%	10%	0%	0%
Bonds	50%	40%	30%	20%	0%
Pioneer Bond K	50%	40%	30%	20%	0%
Large Cap Stocks	13%	26%	39%	52%	65%
Vanguard 500 Index Adm	7%	13%	19%	26%	33%
MainStay Large Cap Growth I	3%	7%	10%	13%	16%
MFS Value R4	3%	6%	10%	13%	16%
Small/Mid Cap Stocks	4%	8%	12%	16%	20%
Prudential Jennison MdCpGr Z	1%	2%	3%	4%	5%
Wells Fargo Spec MdCpVal Ins	1%	2%	3%	4%	5%
Vanguard Small Cap Index Adm	2%	4%	6%	8%	10%
International Stocks	3%	6%	9%	12%	15%
American Funds EuroPacifc R5	3%	6%	9%	12%	15%

NEXT STEPS

Your employer will forward the completed form to The Standard. Upon receipt, The Standard will process it within two business days. This form will override any changes previously made using INFOLINE or Personal Savings Center.

For information about redemption fees that may apply to certain funds signified by "2" on the reverse side, please contact The Standard at 800.858.5420.

To make changes to your account after you have signed up, please use our Web site at www.standard.com/retirement or call INFOLINE at 800.858.5420.

To select the amount you wish to save, please use the Savings Form.

DISCLOSURE STATEMENT

You must notify The Standard within 15 days of receipt of your quarterly account statement if an error occurred, or if you requested and confirmed an investment transfer or directive change that was not completed during the period covered by the statement. You may give notice by contacting a customer service representative at **800.858.5420** or by e-mailing **savings@standard.com**. Unless you give such notice, The Standard will not be liable for any resulting loss to your account. In any case, The Standard will not be liable if circumstances beyond its control prevent the transaction, or if its liability is otherwise limited by regulation or agreement.

The Standard is the marketing name for StanCorp Financial Group, Inc. and its subsidiaries. StanCorp Equities, Inc., member FINRA, wholesales a group annuity contract issued by Standard Insurance Company and a mutual fund trust platform for retirement plans. Third-party administrative services are provided by Standard Retirement Services, Inc. Investment advisory services are provided by StanCorp Investment Advisers, Inc., a registered investment advisor. StanCorp Equities, Inc., Standard Insurance Company, Standard Retirement Services, Inc. and StanCorp Investment Advisers, Inc. are subsidiaries of StanCorp Financial Group, Inc. and all are Oregon corporations